

# INTRODUCING

CAMHS SCHOOLS IN-REACH EMOTIONAL WELLBEING SERVICE



## A NEW INITIATIVE

We are excited to introduce to you a new initiative working collaboratively with Children and Adolescent Mental Health Services (CAMHS), schools and other multiagencies. This has been inspired by the Children's Commissioners "No wrong door" report and in-line with the Nest framework.

Our "nip-it-in-the-bud" service aims to embed the whole-school approach to emotional wellbeing and mental health, across Merthyr, Rhonda Cynon Taf and Bridgend.

## WHO WE ARE

The Service will be steered by 3 mental health nurses with a plethora of diverse experience across the three areas of Cwm Taf Morgannwg University Healthboard.

Each area will also have a team of Emotional Wellbeing Practitioners who hold a varied mix of skills and will be placed within schools.

We will keep you updated with the progress of the newly developing service and look forward to working with you in partnership.



Bwrdd Iechyd Prifysgol  
Cwm Taf Morgannwg  
University Health Board

# OUR OBJECTIVES

ARE TO WORK COLLABORATIVELY WITH SCHOOLS AND OTHER AGENCIES TO:

Support with early identification of emotional difficulties.

Promote emotional and mental health wellbeing.

Identify clear and effective pathways for accessing information for children, young people, staff and families.

Provide timely access to evidence-based early interventions.



**WE AIM TO:**

- Offer school-based psychoeducation for children and young people, school staff and parents/carers.
- Increase confidence in promoting and addressing emotional health issues.
- Assist with identifying vulnerable groups or factors that may influence vulnerability of our children and young people.
- Offer training for school staff to build your confidence as trusted adults.
- Provide access for both individual and group-based sessions within school.
- Support school staff to discuss and raise safeguarding issues.
- Offer consultations to secondary schools.

## YOUR TEAM - BRIDGEND

**REBECCA PHILLIPS- TEAM LEAD**

**CLARE BLAKEMORE  
SEUN BABATOLA  
LEIGH BARCLAY**